

The Rubberband Man; The Spinners

Chore: Cheri Posedel, April, 2004

Easy Intermediate; Left foot lead; 24 count wait

Intro	Scotty	(8)	Part B	ClogoverLoop 1/2R	(4)
	Stomp Rock Two	(4)		rock double	(4)
*Part A	3-2-1	(8)		ClogoverLoop 1/2R	(4)
	Me and You	(8)		rock double	(4)
	3-2-1	(8)		Triple fwd.	(4)
	Me and You	(8)		Slider	(4)
Part B	ClogoverLoop 1/2R	(4)	Part C	2 Scotty 1/2L	(16)
	rock double	(4)	Part D	1 Samantha 1/2 R	(8)
	ClogoverLoop 1/2R	(4)		1 High Horse	(8)
	rock double	(4)		1 Samantha 1/2 R	(8)
	Triple fwd.	(4)		Stomp Rock Two	(4)
	Slider	(4)	Part B	ClogoverLoop 1/2R	(4)
Part C	2 Scotty 1/2L	(16)		rock double	(4)
Part A	3-2-1	(8)		ClogoverLoop 1/2R	(4)
	Me and You	(8)		rock double	(4)
	3-2-1	(8)		Triple fwd.	(4)
	Me and You	(8)		Slider	(4)
Part B	ClogoverLoop 1/2R	(4)	Part C	2 Scotty 1/2L	(16)
	rock double	(4)	Part D	1 Samantha 1/2 R	(8)
	ClogoverLoop 1/2R	(4)		1 High Horse	(8)
	rock double	(4)		1 Samantha 1/2 R	(8)
	Triple fwd.	(4)		1 Stomp basic	(3)
	Slider	(4)	*Part A-		
Part C	2 Scotty 1/2L	(16)		<i>For easier version, can do</i>	
Part D	1 Samantha 1/2 R	(8)		<i>3-2-1 4X's to make a box.</i>	
	1 High Horse	(8)			
	1 Samantha 1/2 R	(8)			
	Stomp Rock Two	(4)			

Step Breakdown The Rubberband Man

SCOTTY (8)				Turn as cued		*Bend both knees					
DS	DT(xif)	L/C	DT(ux)	L/C	TOE(xib)	STOMP/STAMP*	(p)	STOMP	DS	DS	RS
L	R	R/L	R	R/L	R	L/R		R	L	R	LR
&1	&	2	&	3	&	4	&	5	&6	&7	&8

STOMP ROCK TWO (4)											
LIFT	STOMP	DS(xif)	RS	RS							
L	L	R	LR	LR							
&	1	&2	&3	&4							

THREE - TWO - ONE (3-2-1) STEP (8)											
DS	DS(xif)	DS(os)	DT	L/C	DT	L/C	DS	RS	KICK	L/C	
L	R	L	R	R/L	R	R/L	R	LR	L	L/R	
&1	&2	&3	&	4	&	5	&6	&7	&	8	

ME & YOU STEP (8)											
DS	DT(xif)	L/C	DT(os)	L/C	RS	DT(os)	L/C	RS	DS	RS	
L	R	R/L	R	R/L	RL	R	R/L	RL	R	LR	
&1	&	2	&	3	&4	&	5	&6	&7	&8	

CLOGOVER LOOP (4)				aka Loop Vine	
DS(ots)	DS(xif)	DS(ots)	LOOP(xib)	STEP	
L	R	L	R	R	
&1	&2	&3	&	4	

ROCK DOUBLE (4)					
BALL(xib)	STEP	DS	DS	RS	
L	R	L	R	LR	
&	1	&2	&3	&4	

TRIPLE (4)					
DS	DS	DS	RS		
L	R	L	RL		
&1	&2	&3	&4		

SLIDER (4)							
DT	BALL PUSH(b)/SLIDE	PULL/DRAW	L/S	DS	RS		
L	L/R	L/R	L/R	L	RL		
&	1	&	2	&3	&4		

SAMANTHA (8)											
DS	DS(xif)	DRAG	STEP(xib)	SLIDE	STEP(b)	BALL(ib)	STEP	DS	DS	RS	
L	R	R	L	L	R	L	R	L	R	LR	
&1	&2	&	3	&	4	&	5	&6	&7	&8	

HIGH HORSE (8)											
DS	DT(xif)	L/C	DT(ux)	L/C	BALL(ib)	STEP(xif)	BALL(xib)	L/S	DS	DS	RS
L	R	R/L	R	R/L	R	L	R	L/R	L	R	LR
&1	&	2	&	3	&	4	&	5	&6	&7	&8