

Riding Free

Artist: Maisy Stella

Choreo: Ann-Marie Sterling, CCI (CCC format by G Johnson)

Level: Basic Plus

Lead: Left foot

Wait: 8 counts

Intro	2 Slur Basic	(8)		
	1 Cowboy	(8)		
Part A	1 Samantha	(8)	Chorus	1 Cole Step (diag to L corner) (8)
	2 Rocking Chair 1/4 L ea	(8)		2 Flea Flicker (4)
	REPEAT to front			1 Double & Kick (4)
	1 Highhorse	(8)		REPEAT (diag to right corner)
Chorus	1 Cole Step (diag to L corner)	(8)	Break*	1 Triple Twist Triple 1/4 R (8)
	2 Flea Flicker	(4)		1 Double & Kick 1/4 R (4)
	1 Double & Kick	(4)		1 Mountain Basic (4)
	REPEAT diag to right corner			REPEAT to front
Break	1 Triple Twist Triple	(8)	Ending	1 Step (1)
	1 Double & Kick	(4)		
	1 Mountain Basic	(4)		
Part A	1 Samantha	(8)		
	2 Rocking Chair 1/4 L ea	(8)		
	REPEAT to front			
	1 Highhorse	(8)		
Chorus	1 Cole Step (diag to L corner)	(8)		
	2 Flea Flicker	(4)		
	1 Double & Kick	(4)		
	REPEAT diag to right corner			
Break*	1 Triple Twist Triple 1/4 R	(8)		
	1 Double & Kick 1/4 R	(4)		
	1 Mountain Basic	(4)		
	REPEAT to front			
Part B	1 Clogover 4	(4)		
	1 Rocking Chair 1/4 L	(4)		
	1 Double Crab Walk	(4)		
	1 Fancy Double	(4)		
	REPEAT 3 more times			

Riding Free (Spirit) – Step Breakdown

SLUR BASIC (4) (aka Slur Vine)

DS	SLUR	STEP(xib)	DS	BALL	STEP
L	R	R	L	R	L
&1	&	2	&3	&	4

COWBOY (8)

DS(f)	DS(f)	DS(f)	BR(xif)	L/C	DS(xif)	RS(b)	RS(b)	RS(b)
L	R	L	R	R/L	R	LR	LR	LR
&1	&2	&3	&	4	&5	&6	&7	&8

SAMANTHA (8)

DS	DS(xif)	DRAG	STEP(xib)	DRAG	STEP(ots)	BALL(ib)	STEP	DS	DS	BS
L	R	R	L	L	R	L	R	L	R	LR
&1	&2	&	3	&	4	&	5	&6	&7	&8

ROCKING CHAIR (4) (turn as cued on Brush)

DS	BRUSH	L/C	DS	BS
L	R	R/L	R	LR
&1	&	2	&3	&4

HIGH HORSE (8)

DS	DT(xif)	L/C	DT(ux)	L/C	BALL(ib)	STEP(xif)	BALL(xib)	L/S	DS	DS	BS
L	R	R/L	R	R/L	R	L	R	L/R	L	R	LR
&1	&	2	&	3	&	4	&	5	&6	&7	&8

COLE STEP (8) (if directed, angle step to the corner)

DS	SLIDE	ROCK	STEP	SLIDE	ROCK	STEP	STEP	SLIDE	DS	DS	RS
L	L	R	L	L	R	L	R	R	L	R	LR
&1	&	2	&	3	&	4	&	5	&6	&7	&8

FLEA FLICKER (2)

DT(os)	L/C	DT(b)	STEP(xib)
L	L/R	L	L
&	1	&	2

DOUBLE & KICK (4) aka Double Basic Kick

DS	DS	RS	KICK	L/C
L	R	LR	L	L/R
&1	&2	&3	&	4

TRIPLE TWIST TRIPLE (8) turn if directed

DS	DS	DT	TWIST HEELS LEFT	TWIST HEELS RIGHT	L/C	DS	DS	DS	RS
L	R	L	BOTH	BOTH	R/L	R	L	R	LR
&1	&2	&	3	&	4	&5	&6	&7	&8

MOUNTAIN BASIC (4) (aka Step Utah Basic -- or -- Stomp Utah)

LIFT	STOMP	DT(up)	L/C	DS	BS
L	L	R	R/L	R	LR
&	1	&	2	&3	&4

CLOGOVER 4 (4) aka Vine 4

DS	DS(xif)	DS	DS(xib)
L	R	L	R
&1	&2	&3	&4

DOUBLE CRAB WALK (4) *Weight on back edge of heel (aka Walk the Dog or Heel Walk)

DS	DS	HEEL(f)*	HEEL(f)*	BS
L	R	L	R	LR
&1	&2	&	3	&4

FANCY DOUBLE (4) (aka Double Rock 2)

DS	DS	RS	RS
L	R	LR	LR
&1	&2	&3	&4

STEP (1)

STEP
L
&1