

MEDICINE: Artist: J Lo

Chore: Barb Guenette, CCI (format for CCC by G Johnson)

Level: Intermediate

Lead: Left foot

Wait: 8 count

Intro 2 Turkey Basic (8)

Part C 1 Step Cross Touch (8)

1 Karate turn 1/2 L (4)

Part A 1 Loop & Heel 1/4 L (8)

2 Unclog (4)

1 Joey (4)

REPEAT to Front

1 Rocking Chair 1/4 L (4)

REPEAT to front

END

Part B 2 Heel Struts (4)

1 Vine (4)

1 Crazy Step (8)

REPEAT on opposite foot

Part C 1 Step Cross Touch (8)

1 Karate turn 1/2 L (4)

2 Unclog (4)

REPEAT to Front

Part A 1 Loop & Heel 1/4 L (8)

1 Joey (4)

1 Rocking Chair 1/4 L (4)

REPEAT to front

Part B 2 Heel Struts (4)

1 Vine (4)

1 Crazy Step (8)

REPEAT on opposite foot

Part C 1 Step Cross Touch (8)

1 Karate turn 1/2 L (4)

2 Unclog (4)

REPEAT to Front

Break 2 Outhouse (8)

1 Run 4fwd, Drag & Skip 1/4 R (4)

2 Outhouse (8)

1 Run 4fwd, Drag & Skip 1/4 R (4)

2 Outhouse (8)

1 Run 4fwd, Drag & Skip 1/2 R (4)

MEDICINE – Step Breakdown

TURKEY BASIC (4)

DRAG	HEEL(wt)	SNAP	STEP	DS	RS
L	R	R	L	R	R/L
&	1	&	2	&3	&4

LOOP & HEEL (8) turn 1/4 Left

DS	LOOP(xib)	STEP(xib)	ROCK	HEEL(wt 1/4 L)	[p]	STEP	RS	DS	DS	RS
L	R	R	L	R		L	R/L	R	L	R/L
&1	&	2	&	3	&	4	&5	&6	&7	&8

JOEY (4)

DS	BALL(xib)	BALL(ots)	BALL(ots)	BALL(fwd)	BALL(xib)	STEP
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

ROCKING CHAIR (4) (turn as cued on Brush) (aka Forward & Back)

DS	BRUSH	L/C	DS	BS
L	R	R/L	R	L/R
&1	&	2	&3	&4

HEEL STRUT (2)

[p]	HTCH	ROCK	STEP(xif)
	L	L	R
&	1	&	2

VINE (4)

DS	DS(xib)	DS(ots)	RS
L	R	L	R/L
&1	&2	&3	&4

CRAZY STEP (8)

DS	DS	DS	KICK	L/C	BALL(ib)	STEP	DS	BALL(ib)	STEP	KICK	L/C
L	R	L	R	R/L	R	L	R	L	R	L	L/R
&1	&2	&3	&	4	&	5	&6	&	7	&	8

STEP CROSS TOUCH (8) (aka Cross Touch)

STEP(xif)	TTCH(ots)	STEP(xif)	TTCH(ots)	STEP(xif)	TTCH(ots)	STEP(xif)	TTCH(ots)
L	R	R	L	L	R	R	L
1	2	3	4	5	6	7	8

KARATE TURN (4) (turning 1/2)

DS(1/4 L)	KICK(ots)	PIVOT/PULL(1/4 L)	STEP	KICK(f)	CLICK
L	R	L/R	R	L	R
&1	&	2	&3	&	4

UNCLOG (2)

STAMP	STOMP	SKUFF	Click
L	L	R	L
&	1	&	2

OUTHOUSE (4)

DS	TCH(ots)	CL	TCH(xif)	CL	TCH(ots)	CL
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

RUN 4 FWD, DRAG & SKIP (8) turn 1/4 right

DS(fwd)	DS(fwd)	DS(fwd)	DS(xif)	DRAG	STEP(b)	DRAG	STEP(b)(1/4R)	SLIDE(fwd)	STEP	SLIDE(fwd)	STEP
L	R	L	R	R	L	R	L	R	L	R	L
&1	&2	&3	&4	&	5	&	6	&	7	&	8