

# I'm Gonna Be (500 Miles): Artist: Proclaimers CD: Sunshine on Leith

Chore: Missy Shinoski, Kansas City MO

Level: Intermediate

Lead: Left foot

Wait: 16 count

<b>Part A</b>	1 Rocking Chair 1/4 L	4	<b>Part A</b>	1 Rocking Chair 1/4 L	4
	1 Joey	4		1 Joey	4
	1 Karate Turn 1/2 R	4		1 Karate Turn 1/2 R	4
	1 Triple 1/4 R	4		1 Triple 1/4 R	4
	<b>REPEAT</b>			<b>REPEAT</b>	
<b>Part B</b>	2 Turkey Basics	8	<b>Part B</b>	2 Turkey Basics	8
	1 Clogover Loop 1/2 R	4		1 Clogover Loop 1/2 R	4
	1 Fancy Double	4		1 Fancy Double	4
	<b>REPEAT</b>			<b>REPEAT</b>	
<b>Part C</b>	1 Camel Walk	8	<b>Bridge 2</b>	2 Slur Vine Brushes	8
	1 Moonwalk 1/2 L	8		2 Basics	4
	<b>REPEAT</b>			2 Runs	2
<b>Part A</b>	1 Rocking Chair 1/4 L	4	<b>Part C</b>	1 Camel Walk	8
	1 Joey	4		1 Moonwalk 1/2 L	8
	1 Karate Turn 1/2 R	4		<b>REPEAT</b>	
	1 Triple 1/4 R	4	<b>Part D</b>	4 Slap Runs – Full Left	8
	<b>REPEAT</b>			Boogie Slide – Fwd Diag L	4
<b>Part B</b>	2 Turkey Basics	8		Stomp Double 1/2 R (rt ft lead)	4
	1 Clogover Loop 1/2 R	4		<b>REPEAT 3X</b>	
	1 Fancy Double	4	<b>Part C</b>	1 Camel Walk	8
	<b>REPEAT</b>			1 Moonwalk 1/2 L	8
<b>Part C</b>	1 Camel Walk	8		<b>REPEAT</b>	
	1 Moonwalk 1/2 L	8	<b>END</b>		
	<b>REPEAT</b>				
<b>Part D</b>	4 Slap Runs – Full Left	8			
	Boogie Slide – Fwd Diag L	4			
	Stomp Double 1/2 R (rt ft lead)	4			
	<b>REPEAT</b>				
<b>Bridge 1</b>	2 Slur Vine Brushes	8			

# I'm Gonna Be (500 Miles) – Step Breakdown

## ROCKING CHAIR (4) (turn as cued on Brush)

DS	BRUSH	L/C	DS	BS
L	R	R/L	R	LR
&1	&	2	&3	&4

## JOEY (4)

DS	BALL(xib)	BALL(ots)	BALL(fwd)	BALL(xib)	BALL(ots)	STEP
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

## KARATE (4) (turning 1/2) (aka Karate Turn)

DS(1/4 L)	KICK(ots)	PIVOT/PULL(1/4 L)	STEP	KICK(f)	L/C
L	R	L/R	R	L	L/R
&1	&	2	&3	&	4

## TRIPLE (4)

DS	DS	DS	BALL	STEP
L	R	L	R	L
&1	&2	&3	&	4

## TURKEY BASIC (4) (Left foot lead)

DRAG	HEEL(wt)	SNAP	STEP	DS	RS
R	L	L	R	L	RL
&	1	&	2	&3	&4

## TURKEY BASIC (4) (Right foot lead)

DRAG	HEEL(wt)	SNAP	STEP	DS	RS
L	R	R	L	R	LR
&	1	&	2	&3	&4

## CLOGOVER LOOP (4) \*turn as cued (aka Loop Vine)

DS(ots)	DS(xif)	DS(ots)	*LOOP(xib)	STEP
L	R	L	R	R
&1	&2	&3	&	4

## FANCY DOUBLE (4) aka Double Rock 2)

DS	DS	RS	RS
L	R	LR	LR
&1	&2	&3	&4

## CAMEL WALK (8)

STEP(xib)	Flange/SLURStep	STEP	STEP(xib)	Flange/SLURStep	STEP	STEP(xib)	Flange/SLURStep
L	R	L	R	L	R	L	R
1	&2	3	4	&5	6	7	&8

## MOONWALK (8)

TDR(b)	TDR(b)	TDR(b)	TDR(b)	TDR(b)	TDR(b)	TDR(b)	PVT(1/2 L)	SL(f)
R	L	R	L	R	L	R	LR	R
&1	&2	&3	&4	&5	&6	&7	&	8

## SLAP RUNS (8)

DT(b)	DS	DT(b)	DS	DT(b)	DS	DT(b)	DS
L	L	R	R	L	L	R	R
&1	&2	&3	&4	&5	&6	&7	&8

## BOOGIE SLIDE (4)

SL	SL	SL	SL
LR	LR	LR	LR
&1	&2	&3	&4

## STOMP DOUBLE (4)

LIFT	STOMP	DS	DS	BS
L	L	R	L	RL
&	1	&2	&3	&4

## SLUR VINE BRUSH (4)

DS	SLUR(xib)	STEP(xib)	DS	BRUSH	L/C
L	R	R	L	R	R/L
&1	&	2	3	&	4

## BASIC (2)

DT	STEP	BALL	STEP	DS
L	L	R	L	L
&	1	&	2	&1

## RUN (1)

DS
L
&1