

# I FEEL LIKE DANCING: Artist: Jason Mraz CD: Rhythmical Radical Ride

Chore: Staci Larson-Cherry City Cloggers Oct 2023 (rev March 2024)

Level: Intermediate

Lead: Left foot

Wait: 16 count

<b>Part A</b>	1 Greg's Pull	8	<b>Part C</b>	1 Samantha	8
	1 Rock Out Basic	4		1 Indecision Skuff	4
	1 Rock Back	4		1 Cross Touch Slur	4
	1 Popcorn	8		1 Almost MJ	8
	1 Pigeon Lift Basic	4		2 Boogie Basics	4
	1 Jazz Square	4		1 Fancy Double	4
<b>Part B</b>	1 Chug Kentucky	4	<b>Part D</b> <sup>1</sup>	1 Rooster Run	4
	1 Fancy Double	4		1 Rock Heel Turn (1/2 L)	4
	1 MJ Spin (full turn L)	8		<b>REPEAT</b>	8
	2 Flatlanders	8		1 High Horse	8
	2 Flares	4		1 Long Charleston	4
	1 Slur Brush	4		1 Step (left foot)	1
<b>Part C</b>	1 Samantha	8	<b>BRIDGE</b>	1 Layover (right)	4
	1 Indecision Skuff	4		2 Joeys	8
	1 Cross Touch Slur	4		1 Cha Cha Turn	8
	1 Almost MJ	8		1 Cha Cha	4
	2 Boogie Basics	4		2 Side Pushes (w/hips)	4
	1 Fancy Double	4	<b>Part C</b>	1 Samantha	8
<b>Part D</b>	1 Rooster Run	4		1 Indecision Skuff	4
	1 Rock Heel Turn (1/2 L)	4		1 Cross Touch Slur	4
	<b>REPEAT</b>	8		1 Almost MJ	8
	1 High Horse	8		2 Boogie Basics	4
	1 Long Charleston	4		1 Fancy Double	4
	1 Jazz Square	4	<b>END</b>	1 Rooster Run	4
<b>Part A</b>	1 Greg's Pull	8		1 Rock Heel Turn (1/2 L)	4
	1 Rock Out Basic	4		<b>REPEAT</b>	8
	1 Rock Back	4		1 High Horse	8
	1 Popcorn	8		1 Long Charleston	4
	1 Pigeon Lift Basic	4		1 Only Wanna (1/2 L)	4
	1 Jazz Square	4		1 Samantha	8
<b>Part B</b> <sup>1</sup>	1 Chug Kentucky	4		1 Rock Around	4
	1 Fancy Double	4		1 Basketball Basic (1/2 L)	4
	1 MJ Spin (full turn L)	8		1 Almost MJ	4
	2 Flatlanders	8		1 Fancy Double	4
	1 Cha Cha	4		1 Basic + 2 Steps	4
	2 Side Pushes (w/hips)	4			

# I Feel Like Dancing – Step Breakdown

## GREG'S PULL (8)

DS	DT	L/C	DS	RS	STEP	HEEL	(p)	STEP(xib)	R(os)	S(xib)	R(os)	S(xib)
L	R	R/L	R	LR	L	R		L	R	L	R	L
&1	&	2	&3	&4	&	5	&	6	&	7	&	8

## ROCK OUT BASIC (4)

DS	ROCK(ib)	STEP	DS	ROCK	STEP
L	R	L	R	L	R
&1	&	2	&	3	&4

## ROCK BACK (4)

DS	BALL(b)	STEP	BALL(b)	STEP	BALL(b)	STEP
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

## POPCORN (8)

DS	DS	BALL	Htch(f)	RS(xif)	BALL	L/SL	DS	DS	RS
L	R	L	R	RL	R	L/R	L	R	LR
&1	&2	&	3	&4	&	5	&6	&7	&8

## PIGEON LIFT & BASIC (4)

DT	SVL HEELS OUT	SVL HEELS IN	L/C	DS	RS
L	BOTH	BOTH	R/L	R	LR
&	1	&	2	&3	&4

## JAZZ SQUARE (4)

(aka Jazz Box)

BALL(ots)	HEEL	BALL(xif)	HEEL	BALL(xib)	HEEL	BALL(ots)	HEEL
L	L	R	R	L	L	R	R
&	1	&	2	&	3	&	4

## CHUG KENTUCKY (4)

DS	DRAG/KICK(xif)	SLIDE/LIFT	DRAG/KICK(xif)	STEP(xif)	RS
L	L/R	L/R	L/R	R	LR
&1	&	2	&	3	&4

## FANCY DOUBLE (4)

(aka Double Rock 2)

DS	DS	RS	RS
L	R	LR	LR
&1	&2	&3	&4

## MJ SPIN (8)

Turn full

DS	DS(xib)	BALL(f)	STEP(b)	PIVOT	STEP	RS	DS	DS	RS
L	R	L	R	R	L	RL	R	L	RL
&1	&2	&	3	&	4	&5	&6	&7	&8

## FLATLANDER (4)

aka Hard Step

DT(b - diag. R)	CL	BRUSH(f)	L/C	DS(face front)	BS
L	R	L	L/R	L	RL
&	1	&	2	&3	&4

## FLARE (2)

DT(ots)	L/C	ROCK	STEP(xif)
R	R/L	R	L
&	1	&	2

## SLUR BRUSH (4)

DS	SLUR(xib)	STEP(xib)	DS	BRUSH	L/C
L	R	R	L	R	R/L
&1	&	2	&3	&	4

## SAMANTHA (8)

DS	DS(xif)	DRAG	STEP(xib)	DRAG	STEP(ots)	BALL(ib)	STEP	DS	DS	BS
L	R	R	L	L	R	L	R	L	R	LR
&1	&2	&	3	&	4	&	5	&6	&7	&8

## INDECISION SKUFF (4)

DT	HEEL Down(f)/HEEL Up	HEEL Up/HEEL Down	HEEL Down/HEEL Up	HEEL Skuff/CL	STAMP	STOMP
L	L/R	L/R	L/R	R/L	R	R
&a	1	&	2	&3	&	4

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## CROSS TOUCH SLUR (4)

DS	TCH(xif)	L/C	BALL	STEP	SLUR(xib)	STEP
L	R	R/L	R	L	R	R
&1	&	2	&	3	&	4

## ALMOST MJ (8)

DS	DT(xif)	DT(ux)	DS(xib)	BALL(ots)	STEP(ots)	LIFT	STEP	DS	RS
L	R	R	R	L	R	L	L	R	LR
&1	&2	&3	&4	&	5	&	6	&7	&8

## BOOGIE BASIC (2) (aka Rock Step)

DS	BALL(xib)	STEP(xif)
L	R	L
&1	&	2

## ROOSTER RUN (4) (moving left) (aka Vine Over Jog)

DS	DS(xif)	BALL(os)	BALL(xib)	BALL(os)	STEP(xif)
L	R	L	R	L	R
&1	&2	&	3	&	4

## ROCK HEEL PIVOT (2) \*wt on heel

BALL(b)	*HEEL	PIVOT(½ R)	STEP
L	R	R	L
&	1	&	2

## PUSH (4) (aka Push Off)

DS(ots)	BALL	STEP(ots)	BALL	STEP(ots)	BALL	STEP(ots)
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

## HIGH HORSE (8)

DS	DT(xif)	L/C	DT(ux)	L/C	BALL(ib)	STEP(xif)	BALL(xib)	L/S	DS	DS	BS
L	R	R/L	R	R/L	R	L	R	L/R	L	R	LR
&1	&	2	&	3	&	4	&	5	&6	&7	&8

## LONG CHARLESTON (4) (aka Charleston Southern Style)

DS	TCH(xif)	CL	BALL(xib)	HEEL(xib)	TCH(xib)	CL
L	R	L	R	R	L	R
&1	&	2	&	3	&	4

## CHA – CHA (4)

LIFT	STEP(xif)	STEP(xib)	STEP(ots)	BALL	STEP
L	L	R	L	R	L
&	1	&2	&3	&	4

## LAYOVER (8)

DS	DS(xif)/BREAK(xif)	[p]	STEP	RS	CHUG(xif)/CL	CHUG(ots)/CL	DS	RS
L	R/L		L	RL	R/L	R/L	R	LR
&1	&2	&	3	&4	&5	&6	&7	&8

## JOEY (4)

DS	BALL(xib)	BALL(ots)	BALL(fwd)	BALL(xib)	BALL(ots)	STEP
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

## CHA CHA TURN (8)

BALL(f)	PIVOT(½ R)	STEP	LIFT	STEP	BS	BALL(f)	PIVOT(½ L)	STEP	LIFT	STEP	RS
L	L	R	L	L	RL	R	R	L	R	R	LR
&1	&	2	&	3	&4	&5	&	6	&	7	&8

## ONLY WANNA (4)

DS	DT(b)	L/C	BS	BALL	L/SL
L	R	R/L	RL	R	L/R
&1	&	2	&3	&	4

## ROCK AROUND (4)

DS	R(xif)	STEP	R(os)	STEP	R(xib)	STEP
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

## BASKETBALL BASIC (4) \*turn as directed (aka Toe Pivot Basic OR Basketball Turn Basic OR Pivot Basic)

LIFT	BALL(fwd)	*PIVOT	STEP	DS	RS
R	R	BOTH	L	R	LR
&	1	&	2	&3	&4