

Hey Soul Sister; Train

Chore: Matt and Colleen Pearson CD: Save Me San Francisco
EZ Intermediate; Left foot lead; 16-count wait (revised by G Johnson)

- Part A** 1 Rocking Chair 1/4 L (4)
1 Run Skip 3 (4)
REPEAT 4 X's to Make Box
- Part B** 1 MJ (8)
1 Karate 1/2 R (4)
1 Triple (4)
REPEAT TO FRONT
- Part C** 1 Samantha Stomp Step (8)
1/2 R (4)
2 Basic (4)
1 Simone Stomp (4)
REPEAT TO FRONT
- Part D** 2 Cowboy 1/2L ea. (16)
- Part A** 1 Rocking Chair 1/4 L (4)
1 Run Skip 3 (4)
REPEAT 4 X's to Make Box
- Part B** 1 MJ (8)
1 Karate 1/2 R (4)
1 Triple (4)
REPEAT TO FRONT
- Part C** 1 Samantha Stomp Step (8)
1/2 R (4)
2 Basic (4)
1 Simone Stomp (4)
REPEAT TO FRONT
- Part D1** 1 Cowboy 1/4 L (8)
1 Rocking Chair 1/4 L (4)
1 Run Skip 3 (4)
REPEAT TO FRONT
- Part C** 1 Samantha Stomp Step (8)
1/2 R (4)
2 Basic (4)
1 Simone Stomp (4)
REPEAT TO FRONT
- Part C1** 1 Samantha Stomp Step (8)
no turn (8)
2 Basic (4)
1 Simone Stomp (4)
- Part D1** 1 Cowboy 1/4 L (8)
1 Rocking Chair 1/4 L (4)
1 Run Skip 3 (4)
REPEAT TO FRONT
- End** 1 Step w/ Guitar Strum (1)

Step Breakdown: Hey Soul Sister

ROCKING CHAIR (4)

*Turn as directed

DS	*BRUSH	L/C	DS	RS
L	R	R/L	R	LR
&1	&	2	&3	&4

RUN SKIP 3 (4) (moving fwd)

DS	SLIDE	STEP	SLIDE	STEP	SLIDE	STEP
L	L	R	R	L	L	R
&1	&	2	&	3	&	4

MJ (8)

DS	DS(xib)	ROCK	STEP	LOOP(lift)	STEP(xib)	ROCK	STEP	DS	DS	BALL	STEP
L	R	L	R	L	L	R	L	R	L	R	L
&1	&2	&	3	&	4	&	5	&6	&7	&	8

KARATE (4)

aka Karate Turn

DS	SIDE KICK(¼ L)	PIVOT/PULL ¼ L	[p]	STEP	KICK(f)	L/C
L	R	L/R		R	L	L/R
&1	&	2	&	3	&	4

TRIPLE (4)

DS	DS	DS	RS
L	R	L	RL
&1	&2	&3	&4

SAMANTHA STOMP STEP (8) (moving Left and turning 1/2R if directed)

DS	DS(xif)	DRAG	STEP(xib)	DRAG	STEP(b)	STOMP	STOMP	DS	DS	RS
L	R	R	L	L	R	L	R	L	R	LR
&1	&2	&	3	&	4	&	5	&6	&7	&8

BASIC (2)

aka Basic Clog

DT	STEP	BALL	STEP
L	L	R	L
&	1	&	2

SIMONE STOMP (4)

DS	DS	STOMP(f)	STOMP(tog)	DRAG	SLIDE
L	R	L	R	BOTH	BOTH
&1	&2	&	3	&	4

COWBOY (8)

*turn as directed

aka Cowboy Turn

DS(f)	DS(f)	DS(f)	*BR(xif)	L/C	DS(xif)	BALL(b)	STEP(xif)	BALL(b)	STEP(xif)	BALL(b)	STEP(xif)
L	R	L	R	R/L	R	L	R	L	R	L	R
&1	&2	&3	&	4	&5	&	6	&	7	&	8