

Hey Mama

Artist: Mat Kearney CD:

Choreography: Sarah Dwight-Gilroy

Level: Easy

Lead: Left foot

Wait: 12 counts

Part A	1 Cowboy	(8)	1 ChasIt	(4)	
	2 Basic	(4)	1 Crazy Legs	(4)	
	2 Side Touches	(4)	REPEAT		
	REPEAT				
			PartB*	1 Western Basic	(4)
Part B	1 Western Basic	(4)		1 Fancy Double	(4)
	1 Fancy Double	(4)		1 Western Basic	(4)
	REPEAT				
			Part D	1 Triple	(4)
Part C	1 Shake & Basic	(4)		2 Stomps	(2)
	1 Triple Unclog	(4)		1 Double	(3)
	REPEAT 2 TIMES			REPEAT	
			Part C	1 Shake & Basic	(4)
	1 ChasIt	(4)		1 Triple Unclog	(4)
	1 Crazy Legs	(4)		REPEAT 2 TIMES	
	REPEAT				
PartB*	1 Western Basic	(4)		1 ChasIt	(4)
	1 Fancy Double	(4)		1 Crazy Legs	(4)
	1 Western Basic	(4)		REPEAT 2 TIMES	
PartA*	1 Cowboy	(8)	PartB*	1 Western Basic	(4)
	2 Basic	(4)		1 Fancy Double	(4)
	2 Side Touches	(4)		1 Western Basic	(4)
Part B	1 Western Basic	(4)			
	1 Fancy Double	(4)	End	1 Stomp	(1)
	REPEAT				
Part C	1 Shake & Basic	(4)			
	1 Triple Unclog	(4)			
	REPEAT 2 TIMES				

Step Breakdown: HEY MAMA

COWBOY (8)

DS(f)	DS(f)	DS(f)	BR(xif)	L/C	DS(xif)	BALL(b)	STEP(xif)	BALL(b)	STEP(xif)	BALL(b)	STEP(xif)
L	R	L	R	R/L	R	L	R	L	R	L	R
&1	&2	&3	&	4	&5	&	6	&	7	&	8

BASIC (2)

DT	STEP	BALL	STEP
L	L	R	L
&	1	&	2

SIDE TOUCH (2) aka Side Clog

DS	TCH (ots)	CLICK
L	R	L
&1	&	2

WESTERN BASIC (4) aka Loop Basic

DS	LOOP(xib)	STEP(xib)	DS	BS
L	R	R	L	RL
&1	&	2	&3	&4

FANCY DOUBLE (4)

DS	DS	BS	BS
L	R	LR	LR
&1	&2	&3	&4

SHAKE & BASIC (4)

DT	TW(L)	TW(R)	TW(4)	DS	BS
L	BOTH	BOTH	BOTH	R	LR
&	1	&	2	&3	&4

TRIPLE UNCLOG (4)

DS	DS	DS	STAMP	STOMP
L	R	L	R	R
&1	&2	&3	&	4

CHASIT (4) Straight ahead or Turn as directed

DS	SLIDE	STEP(f)	SLIDE	STEP(f)	SLIDE	STEP(f)
L	L	R	R	L	L	R
&1	&	2	&	3	&	4

CRAZY LEG (4) Move back

DS	DS	DS	DS
L	R	L	R
&1	&2	&3	&4

TRIPLE (4)

DS	DS	DS	BS
L	R	L	RL
&1	&2	&3	&4

STOMP (1)

STOMP	STOMP
L	R
&	1

DOUBLE (3)

DS	DS	BS
L	R	LR
&1	&2	&3