

**(Cold Hearted):** Artist: (Paula Abdul) CD: (Forever Your Girl)

Chore: (Rolita LaForge)

Level: Easy Intermediate

Lead: Left foot

Wait: 16 count

<b>Bridge</b>	2 Donkey	(8)	<b>Part C</b>	1 Unclog Basic	(4)
	1 Triple Brush (fwd)	(4)		1 Fancy Double	(4)
	1 Rock Back	(4)		1 Football	(8)
				<b>REPEAT</b>	
<b>Chorus</b>	1 MJ	(8)	<b>Chorus</b>	1 MJ	(8)
	2 Basic (1/4 R Ea)	(4)		2 Basic (1/4 R Ea)	(4)
	1 Triple	(4)		1 Triple	(4)
	<b>REPEAT</b>			<b>REPEAT</b>	
<b>Part A</b>	1 Cowboy	(8)	<b>Bridge</b>	2 Donkey	(8)
	1 Samantha	(8)		1 Triple Brush (fwd)	(4)
	<b>REPEAT</b>			1 Rock Back	(4)
<b>Chorus</b>	1 MJ	(8)	<b>Chorus</b>	1 MJ	(8)
	2 Basic (1/4 R Ea)	(4)		2 Basic (1/4 R Ea)	(4)
	1 Triple	(4)		1 Triple	(4)
	<b>REPEAT</b>			<b>REPEAT</b>	
<b>Part B</b>	1 Brushover Vine (L/R)	(8)	<b>END</b>		
	1 Bad Stamp (R/L)	(4)			
	1 Triple (L/R)	(4)			
	<b>REPEAT on Opposite foot</b>				
<b>Chorus</b>	1 MJ	(8)			
	2 Basic (1/4 R Ea)	(4)			
	1 Triple	(4)			
	<b>REPEAT</b>				
<b>Bridge</b>	2 Donkey	(8)			
	1 Triple Brush (fwd)	(4)			
	1 Rock Back	(4)			
<b>Part C</b>	1 Unclog Basic	(4)			
	1 Fancy Double	(4)			
	1 Football	(8)			
	<b>REPEAT</b>				
<b>Bridge 2</b>	1 Rocking Chair (1/4 L)	(4)			
	1 Mountain Basic	(4)			
	<b>Repeat 3X</b>				

# Cold Hearted – Step Breakdown

## DONKEY (4)

DS	TCH(xif)	L/C	TCH(ots)	L/C	TCH(xif)	L/C
L	R	R/L	R	R/L	R	R/L
&1	&	2	&	3	&	4

## BASIC (2)

DT	STEP	BALL	STEP
L	L	R	L
&	1	&	2

## TRIPLE BRUSH (4)

DS	DS	DS	BRUSH(f)	L/C
L	R	L	R	R/L
&1	&2	&3	&	4

## TRIPLE (4)

DS	DS	DW	BALL	STEP
L	R	L	R	L
&1	&2	&3	&	4

## ROCK BACK (4)

DS	BALL(b)	STEP	BALL(b)	STEP	BALL(b)	STEP
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

## MJ (8)

DS	DS(xib)	ROCK	STEP	LIFT(Loop)	STEP	RS	DS	DS	RS
L	R	L	R	L	L	RL	R	L	RL
&1	&2	&	3	&	4	&5	&6	&7	&8

## BASIC (2)

DT	STEP	BALL	STEP
L	L	R	L
&	1	&	2

## BAD STAMP (4)

DS	STAMP(f)	BALL(b)	STEP	STAMP(f)	BALL(b)	STEP
L	R	R	L	R	R	L
&1	&	2	&	3	&	4

## COWBOY (8)

DS(f)	DS(f)	DS(f)	BR(xif)	L/C	DS(xif)	RS(b)	RS(b)	RS(b)
L	R	L	R	R/L	R	LR	LR	LR
&1	&2	&3	&	4	&5	&6	&7	&8

## SAMANTHA (8)

DS	DS(xif)	DRAG	STEP(xib)	DRAG	STEP(ots)	BALL(ib)	STEP	DS	DS	BS
L	R	R	L	L	R	L	R	L	R	LR
&1	&2	&	3	&	4	&	5	&6	&7	&8

## BRUSHOVER VINE (8)

DS	BRUSH(xif)	L/C	DS(xif)	TCH(xib)	CL	DS	DS(xib)	DS(ots)	RS
L	R	R/L	R	L	R	L	R	L	RL
&1	&	2	&3	&	4	&5	&6	&7	&8

## UNCLOG BASIC (4)

STAMP	STOMP	BRUSH(f)	L/C	DS	RS
L	L	R	R/L	R	LR
&	1	&	2	&3	&4

## FANCY DOUBLE (4) aka Double Rock 2

DS	DS	RS	RS
L	R	LR	LR
&1	&2	&3	&4

## FOOTBALL (8)

DS	KICK	L/C	RS	KICK	L/C	RS	DS	RS	KICK	L/C
L	R	R/L	RL	R	R/L	RL	R	LR	L	L/R
&1	&	2	&3	&	4	&5	&6	&7	&	8

## ROCKING CHAIR (4) (turn as cued on Brush)

DS	BRUSH	L/C	DS	BS
L	R	R/L	R	LR
&1	&	2	&3	&4

## MOUNTAIN BASIC (4) (aka Step Utah Basic -- or -- Stomp Utah)

LIFT	STOMP	DT(up)	L/C	DS	BS
L	L	R	R/L	R	LR
&	1	&	2	&3	&4