

# COLD HEARTED

Artist: Paula Abdul

CD: Forever Your Girl (1988)

Chore: Rolita LaForge

Level: EZ Intermediate

Lead: Left foot

Wait: 16 count

<b>Intro</b>	2 Donkey (8)	<b>Part D</b>	1 Unclog Basic (4)
	1 Triple Brush (fwd) (4)		1 Fancy Double (4)
	1 Rock Back (4)		1 Football (8)
			<b>REPEAT</b>
<b>Chorus</b>	1 MJ (8)	<b>Bridge</b>	1 Rocking Chair (1/4 L) (4)
	2 Basic (1/4 R ea) (4)		1 Mountain Basic (4)
	1 Triple (4)		<b>REPEAT X3</b>
	<b>REPEAT</b>		
<b>Part A</b>	1 Cowboy (8)	<b>Part D</b>	1 Unclog Basic (4)
	1 Samantha (8)		1 Fancy Double (4)
	<b>REPEAT</b>		1 Football (8)
			<b>REPEAT</b>
<b>Chorus</b>	1 MJ (8)	<b>Chorus</b>	1 MJ (8)
	2 Basic (1/4 R ea) (4)		2 Basic (1/4 R ea) (4)
	1 Triple (4)		1 Triple (4)
	<b>REPEAT</b>		<b>REPEAT</b>
<b>Part B</b>	1 Brushover Vine (L/R) (8)	<b>Part C</b>	2 Donkey (8)
	1 Bad Stamp (R/L) (4)		1 Triple Brush (fwd) (4)
	1 Triple (L/R) (4)		1 Rock Back (4)
	<b>REPEAT on Opposite Foot</b>		<b>REPEAT</b>
<b>Chorus</b>	1 MJ (8)	<b>Chorus</b>	1 MJ (8)
	2 Basic (1/4 R ea) (4)		2 Basic (1/4 R ea) (4)
	1 Triple (4)		1 Triple (4)
	<b>REPEAT</b>		<b>REPEAT</b>
<b>Part C</b>	2 Donkey (8)		
	1 Triple Brush (fwd) (4)		
	1 Rock Back (4)		
	<b>REPEAT</b>		

# Cold Hearted – Step Breakdown

## DONKEY (4)

DS	TCH(xif)	L/C	TCH(ots)	L/C	TCH(xif)	L/C
L	R	R/L	R	R/L	R	R/L
&1	&	2	&	3	&	4

## TRIPLE BRUSH (4)

DS	DS	DS	BRUSH(f)	L/C
L	R	L	R	R/L
&1	&2	&3	&	4

## ROCK BACK (4)

DS	BALL(b)	STEP	BALL(b)	STEP	BALL(b)	STEP
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

## MJ (8)

DS	DS(xib)	ROCK	STEP	LIFT(Loop)	STEP	RS	DS	DS	RS
L	R	L	R	L	L	RL	R	L	RL
&1	&2	&	3	&	4	&5	&6	&7	&8

## BASIC (2)

DT	STEP	BALL	STEP
L	L	R	L
&	1	&	2

## TRIPLE (4)

DS	DS	DS	BALL	STEP
L	R	L	R	L
&1	&2	&3	&	4

## COWBOY (8)

DS(f)	DS(f)	DS(f)	BR(xif)	L/C	DS(xif)	RS(b)	RS(b)	RS(b)
L	R	L	R	R/L	R	LR	LR	LR
&1	&2	&3	&	4	&5	&6	&7	&8

## SAMANTHA (8)

DS	DS(xif)	DRAG	STEP(xib)	DRAG	STEP(ots)	BALL(ib)	STEP	DS	DS	BS
L	R	R	L	L	R	L	R	L	R	LR
&1	&2	&	3	&	4	&	5	&6	&7	&8

## BRUSHOVER VINE (8)

DS	BRUSH(xif)	L/C	DS(xif)	TCH(xib)	CL	DS	DS(xib)	DS(ots)	RS
L	R	R/L	R	L	R	L	R	L	RL
&1	&	2	&3	&	4	&5	&6	&7	&8

## BAD STAMP (4)

aka Stamp Rock

DS	STAMP(f)	BALL(b)	STEP	STAMP(f)	BALL(b)	STEP
L	R	R	L	R	R	L
&1	&	2	&	3	&	4

## UNCLOG BASIC (4)

STAMP	STOMP	BRUSH(f)	L/C	DS	RS
L	L	R	R/L	R	LR
&	1	&	2	&3	&4

## FANCY DOUBLE (4)

(aka Double Rock 2)

DS	DS	RS	RS
L	R	LR	LR
&1	&2	&3	&4

## FOOTBALL (8)

DS	KICK	L/C	RS	KICK	L/C	RS	DS	RS	KICK	L/C
L	R	R/L	RL	R	R/L	RL	R	LR	L	L/R
&1	&	2	&3	&	4	&5	&6	&7	&	8

## ROCKING CHAIR (4) (turn as cued on Brush)

DS	BRUSH	L/C	DS	BS
L	R	R/L	R	LR
&1	&	2	&3	&4

## MOUNTAIN BASIC (4) (aka Step Utah Basic -- or -- Stomp Utah)

LIFT	STOMP	DT(up)	L/C	DS	BS
L	L	R	R/L	R	LR
&	1	&	2	&3	&4